

THE BOWEN CENTER

for the Study of the Family

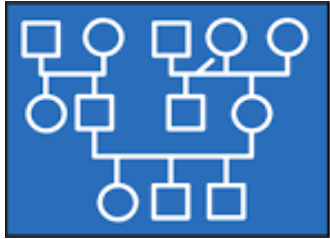
DEDICATED TO THE DEVELOPMENT AND
DISSEMINATION OF BOWEN THEORY

Online Introduction to Bowen Theory Program

October 2017 – May 2018
Thursdays 8am – 10am Eastern Time

Course Outline & Online Lecture Schedule

October 26, 2017	<u>Bowen Family Systems Theory and Developing the Family Diagram</u> <i>Victoria Harrison, MA, LMFT</i>
November 16, 2017	<u>Overview and Introduction of the Eight Bowen Family Systems Theory Constructs</u> <i>Carrie E. Collier, PhD, LPC, CRC</i>
December 14, 2017	<u>Differentiation of Self as a Developmental Process</u> <i>Mariana Martinez, PsyD</i>
January 25, 2018	<u>Substance Abuse, Togetherness and Fusion</u> <i>Joan Jurkowski, MS, LCPC</i>
February 22, 2018	<u>Bowen Family Systems Family Projection Process: The Child Focus Emotional Process</u> <i>Laura R. Brooks, LCSW-C</i>
March 22, 2018	<u>How Does Bowen Theory Differ from Attachment Theory in Theory and Practice?</u> <i>Anne S. McKnight, EdD, LCSW</i>
April 26, 2018	<u>Bowen Family Systems Theory and Marital Relationships</u> <i>Douglas C. Murphy, MA, LMFT</i>
May 24, 2018	<u>From the Board Room to the Pulpit - Applications of BFST to Organizations and Congregations</u> <i>Amie Post, MA, LCMFT</i>



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Monthly Readings & Video Assignments

October

Reading:

- Chapters 1-3, 16 & 17: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.

Video:

- Bowen-Kerr Interview Series #1: Family Systems Theory and Therapy: An Overview

November

Reading:

- Chapters 4-8: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.

Videos:

- The Basic Series #1: Triangles and the Scale of Differentiation
- Bowen-Kerr Interview Series #1: Family Systems Theory and Therapy: An Overview
- Bowen-Kerr Interview Series #7: Obstacles to Systems Thinking

December

Reading:

- Chapters 20 & 21: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.

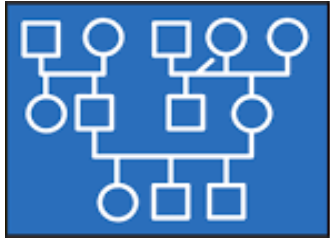
Video:

- The Basic Series #1: Triangles and the Scale of Differentiation

January

Readings:

- Chapter 3 (pp. 59-88): Kerr, Michael E. and Murray Bowen. 1988. "Individuality and Togetherness." In *Family Evaluation: An Approach Based on Bowen Theory*. New York: W.W. Norton & Company, Inc.
- Chapters 10-12: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.



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Videos:

- Kerr Lecture Series #2: “Chronic Anxiety and Defining a Self”
- Kerr Lecture Series #3: “Individuality, Togetherness, and Triangles”
- The Basic Series #5: “Symptom Development in the Nuclear Family”

February

Reading:

- Chapters 1, 16 & 21: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.

Videos:

- The Basic Series #2: Nuclear Family Emotional System and Family Projection Process
- Kerr Lecture Series #4: The Nuclear Family

March

Reading:

- Chapters 9, 11 & 12: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.

Video:

- The Basic Series #5: “Symptom Development in the Nuclear Family”

April

Reading:

- Chapter 22: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.

Video:

- The Basic Series #3: Multigenerational Transmission Process and Sibling Position
- The Basic Series #7: Emotional Cutoff: A Clinical Example
- Bowen-Kerr Interview Series #5: Defining a Self in One’s Family of Origin – Part 1

May

Reading:

- Chapter 20: Bowen, Murray. 1978. *Family Therapy in Clinical Practice*. New York: Jason Aronson.

Video:

- Bowen-Kerr Interview Series #9: Background to Systems Thinking and Discipleship
- Bowen-Kerr Interview Series #10: Emotional Process in Society

* Reading and Video assignments are subject to change.