Online Introduction to Bowen Theory Program

October 2017 – May 2018
Thursdays 8am – 10am Eastern Time

Course Outline & Online Lecture Schedule

October 26, 2017  Bowen Family Systems Theory and Developing the Family Diagram
                 Victoria Harrison, MA, LMFT

November 16, 2017 Overview and Introduction of the Eight Bowen Family Systems Theory Constructs
                 Carrie E. Collier, PhD, LPC, CRC

December 14, 2017 Differentiation of Self as a Developmental Process
                 Mariana Martinez, PsyD

January 25, 2018  Substance Abuse, Togetherness and Fusion
                 Joan Jurkowski, MS, LCPC

                 Laura R. Brooks, LCSW-C

March 22, 2018    How Does Bowen Theory Differ from Attachment Theory in Theory and Practice?
                 Anne S. McKnight, EdD, LCSW

April 26, 2018    Bowen Family Systems Theory and Marital Relationships
                 Douglas C. Murphy, MA, LMFT

May 24, 2018     From the Board Room to the Pulpit - Applications of BFST to Organizations and Congregations
                 Amie Post, MA, LCMFT
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Monthly Readings & Video Assignments

October
Reading:

Video:
- Bowen-Kerr Interview Series #1: Family Systems Theory and Therapy: An Overview

November
Reading:

Videos:
- The Basic Series #1: Triangles and the Scale of Differentiation
- Bowen-Kerr Interview Series #1: Family Systems Theory and Therapy: An Overview
- Bowen-Kerr Interview Series #7: Obstacles to Systems Thinking

December
Reading:

Video:
- The Basic Series #1: Triangles and the Scale of Differentiation

January
Readings:
Videos:

- Kerr Lecture Series #2: “Chronic Anxiety and Defining a Self”
- Kerr Lecture Series #3: “Individuality, Togetherness, and Triangles”
- The Basic Series #5: “Symptom Development in the Nuclear Family”

**February**

Reading:

Videos:
- The Basic Series #2: Nuclear Family Emotional System and Family Projection Process
- Kerr Lecture Series #4: The Nuclear Family

**March**

Reading:

Video:
- The Basic Series #5: “Symptom Development in the Nuclear Family”

**April**

Reading:

Video:
- The Basic Series #3: Multigenerational Transmission Process and Sibling Position
- The Basic Series #7: Emotional Cutoff: A Clinical Example
- Bowen-Kerr Interview Series #5: Defining a Self in One’s Family of Origin – Part 1

**May**

Reading:

Video:
- Bowen-Kerr Interview Series #9: Background to Systems Thinking and Discipleship
- Bowen-Kerr Interview Series #10: Emotional Process in Society

* Reading and Video assignments are subject to change.*